



Welcome to



**Hornsby Connect**  
**May – June 2018**  
**Newsletter**

**A grocery store with a  
difference!**

## **PRESIDENT'S REPORT**

*Hello and welcome to our May - June edition of the Hornsby Connect Newsletter.*

Hornsby Connect continues to grow from its humble beginnings thanks to the combined efforts of our committee, volunteers, sponsors and financial donors. This year there has been a rising public awareness in Australia of food waste. I was only listening to Alan Jones on 2GB who addressed the growing number of people who experience food insecurity on a daily basis.

This made me reflect on the significance of having Hornsby Connect that provides much needed food.

However, it's not just about food, as important as that is, but also about providing a safe and comfortable place where people are able to come together to talk, socialise and feel part of the community. This is something that is not always possible for those in need of a helping hand.

I was presented on behalf of our volunteers who offered their support to the Bobbin Head Cycle Classic a cheque for \$4,875.00 from Wahroonga Rotary for our contribution to a very successful day.

**On 31<sup>st</sup> MAY 2018** - It was an exciting day for Hornsby Connect as we launched our new Volunteer Program due to our expansion. It was a very informative day of training which aimed to achieve a consistent approach across all our volunteer activities, as well as provide additional support.

So, I would like to express my gratitude for your hard work, time and support. It's only thanks to all the volunteers that Hornsby Connect is made possible. There are lots of exciting challenges and opportunities ahead and I look forward to facing them together.

*Warm regards,  
Stephen Hopwood*

## **MESSAGE from the Editor**

People are coming to us in record numbers with multiple and complex issues, with unemployment at the forefront as well as mental health.

Hornsby Connect service expansion is critical in helping to meet this ever-growing demand.

We were talking about how our services have been making a difference in the lives of people who come to us every Wednesday. Our volunteers work tirelessly to leave that message and to ensure even those in the darkest places experience something of the hope we bring each week.

At Hornsby Connect we share the values of empathy, respect, inclusion, integrity and commitment. Together as a network we will continue to explore opportunities to better support vulnerable people in our community.

*Keeping in touch –  
Lynette Ivimey*

Current Editorial:

**OZHARVEST HAS OPENED  
AUSTRALIA'S FIRST EVER  
RESCUED FOOD  
SUPERMARKET IN SYDNEY'S  
SUBURB OF KENSINGTON.**

Click Here:



<https://www.smh.com.au/national/nsw/food-rescue-group-ozharvest-opens-supermarket-to-help-vulnerable-people-20170427-gvtj1.html>



## The Bobbin Head Cycle Classic –

Affectionately known as **'The Bobbo'** – Is an annual community fundraising cycle ride for Lifeline

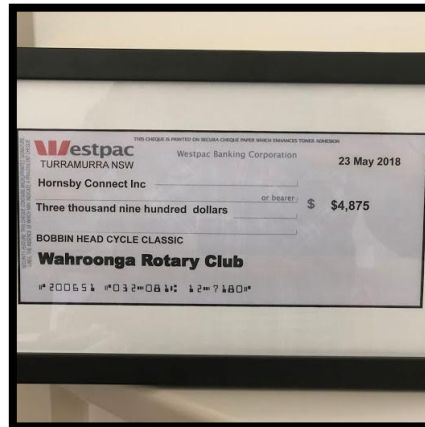
Not only is it a fun, challenging day, it's also a chance to raise much-needed funds for charities such as Lifeline. Did you know that suicide is the leading cause of death for Aussies aged 15 to 44? Today, on average, eight people will end their lives every single day that is one person every three hours.

Building the awareness of a charity organisation or charity event is important to encourage donations and support for the cause.



Thank you to those volunteers from Hornsby Connect who helped out on the day it was much appreciated and as a result of our involvement Rotary Wahroonga presented us with a cheque for

**\$4,875.00**



Click here:

[http://vivi8609.stagingcloud.netregistry.net/bhcc\\_charities.php](http://vivi8609.stagingcloud.netregistry.net/bhcc_charities.php)

*Another New Initiative Introduced to Hornsby Connect*

The Boomerang Bags



Boomerang Bags is an



Australian community initiative to replace plastic bag use with recycled, up cycled fabric community made bags.

Volunteers from all walks of life get together to make re-useable 'boomerang bags' using recycled materials, as a means to provide a sustainable alternative to plastic bags.

The bags are given away to bag less strangers and so on, as a plastic bag alternative that can be used and reused, or passed on to others in need. Together we link hands globally to create a paradigm shift to a more connected and conscious society.

Click here:

<http://boomerangbags.org/>

*It is all happening  
at Hornsby  
Connect*

*It was great to  
catch up outside  
Hornsby Connect  
Centre.*

**Yes, it was Thursday  
Pizza Night.**

We would also like to thank George Hajjar who subsidised our pizzas and is a Friend of Mt. Colah Community Group.



### **Volunteer News:**

Volunteers' caring, dependability and willingness to contribute their time help to create a safe and welcoming environment where members of our community can come together.

**New definition  
of volunteering -** Volun  
teerin  
g  
Austra

lia has announced the new Australian definition of volunteering. The definition of volunteering has been expanded for the first time in 20 years to recognise the new ways Australians give their time.

**“Volunteering is time  
willingly given for the  
common good and without  
financial gain.”**

**Got something to  
share?**

Our Kitchen Manager cooking on a combustion fire. How clever is our Ayshia?

Ayshia and Laura every week create magic in the kitchen always cooking up a storm for our clients to enjoy.



Send us your news, events and stories so we can promote the great things volunteers do! We love promoting and encouraging volunteering in our community - so send us your stuff!



**Hornsby Connect** put  
on an **Easter BBQ**

for our clients thanks to Bobbin Head Cycle Classic combined Rotary Clubs who generously donated the over supply of sausages for us to share with our Hornsby Connect community.



The BBQ was enjoyed by all ... every week we try to bring smiles to those who might need a little more sunshine in their lives!





Hornsby Connect organised a baby gift hamper for our client, Jessica who has had a baby girl.



Congratulations & Welcome to baby -

Heidi

## Mother's Day Comes to Hornsby Connect

Some of our volunteers helping to create Mother's Day handbags equipped with essential supplies and chocolates.

Hornsby Connect set up a stall and these great ranges of handbags were given out to celebrate All Mothers by Year 10 Barker Students who volunteer their time every second week to help out in the local community.

Share the Dignity's 'It's in the Bag' campaign is an opportunity to ensure women receive a gift, as a reminder that somebody cares and they're not alone.

The 'It's in the Bag' campaign has a simple premise:

Donate a handbag that you no longer use, fill it with items that would be gratefully received by a homeless woman – things such as pads, tampons, deodorants, toothpaste, shower gel, socks, a brush, a magazine, anything that would make a woman or teenage girl who is struggling feel special.

*We were fortunate to receive 50 of these bags we have saved to give out at Mother's Day to our female clients.*

For more information: [www.hornsbyconnect.org.au](http://www.hornsbyconnect.org.au)

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**Remember – A hand up for people in need!  
We would have little to be excited about without  
YOU!**

**Remember our work is crucial in helping vulnerable  
people in our community.**