



We are up and running –
A grocery store with a
difference!

BI-MONTHLY NEWSLETTER MARCH - APRIL

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VISION OF THE BIG PICTURE

Hornsby Connect is:

A community organisation with around 30 volunteers on a weekly or fortnight basis.

Is your life looking a little different this year?



Got some spare time to spend with an energetic and caring group of people? We love volunteers... and we would love to start the New Year with some new, fresh faces. We look forward to meeting with you.

Check out our new website at

www.hornsbyconnect.org.au

President's Report

Times will be tough for charities in 2018.

A solid strategy is more vital than ever.

Charity leaders are fighting hard to save their organisations. But they also need to think about the future – and how best to deploy the scarce resources they have.

We are reaching out to the local public for help and have issued a press release in three local newspapers ...

The Hornsby Advocate, The Monthly Chronicle and the Daily Telegraph.

[Click here for Daily Telegraph article](#)

All highlighting the desperate need for genuine volunteers to support our work. Anyone who is interested should visit our website.

We have been fortunate enough to be receiving a \$500.00 cheque from the Community Enterprise Foundation which is the charitable arm of Bendigo and Adelaide Bank helping communities to achieve their goals. lots more.

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EDITOR'S MESSAGE

The end of one year and the start of the next is a time for reflection, resolutions and a chance to do things better. The definition of a good charity is one that solves problems.

The community pantry is stocked with fresh food and staples, together with frozen meats. It supports an average of 60 families each week, with over 300 registered clients and many more who walk in with the desperate need of food.

I was talking to one of our clients the other week and this is what he had to say: How he appreciates a hot meal here once a week but says Hornsby Connect means more than that to him. **"Just being here is enough,"** he says.

Keeping in touch – Lynette Ivimey

AUSTRALIA'S FOOD RESCUE

Food Insecurity in Australia - Hornsby Connect is Involved!

Australia's food waste problem is being confronted head on by an ever-growing number of food rescue charities – organisations who collect excess food from businesses and redistribute it to charities that support Australians who are doing it tough.

Top 5 Causes of Food Insecurity:

- 56% Unexpected expense or large bills
- 48% Just not enough money in the first place
- 38% Had to pay rent/mortgage payment
- 35% Food too expensive/can't afford to buy enough
- 10% Is due to sickness/injury and unable to work.

However, charities are struggling to meet the rising need for food relief. For example:

- 10% - the increase in the number of individuals seeking food relief from charities.
- 65,000 - the number of people seeking food relief each month who are unable to be assisted by charities.
- 37% - the percentage of charities meeting the full needs of the people they assist.

Foodbank is the largest hunger relief organisation in Australia – redistributing enough food for 32 million meals in 2011.

Click Here for [Foodbanks Hunger Report](#)

GOOD NEWS ON PLASTIC BAGS

Plastic bags consume resources, including oil, in their creation. According to some estimates, up to 100 million barrels of oil are needed to make the world's plastic bags each year. Yet typical usage of a plastic bag is just 20 minutes.



Thank You! To Woolworths Hornsby



Hornsby Connect was able to secure canvas shopping bags and cooler bags for our clients. We are moving away from plastic bags in the coming months.

Click Here: [Woolworths to ban single use plastic bags from next year](#)

YES, HORNSBY CONNECT HAS GONE GREEN

We have been donated a compost bin!

At HORNSBY CONNECT we waste nothing, everything is put to good use.



INTERNATIONAL WOMEN'S DAY 2018

Celebrated around the world on March 8th. Leave no woman behind, together we can empower women across the globe.

LOVE ME FIRST- let's have a conversation

This year, the Hornsby Ku-ring-gai Festival Week will run from 2nd to the 9th March.

Click here for [all booking details](#):



NEW STORAGE SPACE

Thank You to Westfield Shopping Centre Management!

Yes, we have storage space! After a long search, we have found an ideal storage room thanks to Westfield Shopping Centre who have supported our initiative. The temperature-controlled room will increase our storage capacity tenfold and enable us to buy in bulk when products become available.

HORNSBY CONNECT FACEBOOK

Social media provides an agile and genuinely interactive way to reach out and connect with a wider pool of interested parties.



Please invite your friends to like our Facebook page - Let us all get the message out there.

NEW PROGRAMS



We are establishing a **chat table** for our clients. We have also organised for a representative to discuss possible options of classes in the local area for our clients.



Hornsby Connect has augmented a 'Community Migrant Resource' to our Wednesday support services along with Catholic Care who will be offering a more comprehensive support services to our clients. With special needs

CHARITY EVENT - THE BOBBO

Why do we need volunteers to support this very special annual event?

Rotary Wahroonga pledges \$5000

Please contact: Doug Reid on 0417 445 195

